

Ephesians Part 14: Be Filled with the Spirit *Ephesians 5:15-21*



Tim Strickland

May 7, 2017

*Look carefully then how you walk,
not as unwise but as wise,*

*¹⁶ making the best use of the time,
because the days are evil.*

*¹⁷ Therefore do not be foolish,
but understand what the will of the Lord is.*

*¹⁸ And do not get drunk with wine,
for that is debauchery,*

but be filled with the Spirit,

*¹⁹ addressing one another in psalms and hymns and spiritual songs,
singing and making melody to the Lord with your heart,*

*²⁰ giving thanks always and for everything to God the Father
in the name of our Lord Jesus Christ,*

²¹ submitting to one another out of reverence for Christ.

Ephesians 5:15-21

Introduction: Walk Wisely (15-17)

*Look carefully then how you walk,
not as unwise but as wise,*

*¹⁶ making the best use of the time,
because the days are evil.*

*¹⁷ Therefore do not be foolish,
but understand what the will of the Lord is.*

Look carefully then how you walk...

- A Follower of Jesus lives life with care, not flippantly
 - Wisdom involves following God's moral principles
 - Proverbs is God's book of wisdom in the Bible
- a. Wisdom makes the most of limited time
- Are you wasting your time on trivial things?
- b. Wisdom understands God's will
- His moral will revealed in Scripture
 - His personal will for you becomes clearer...
 - ...when you obey what he has already revealed,
 - ...when you are filled with the Spirit

Ephesians Part 14:
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1. Be Filled with the Spirit (18)

¹⁸ *And do not get drunk with wine,
for that is debauchery,
but be filled with the Spirit,*

a. Why is being drunk with wine contrasted with being filled with the Spirit?

Both relate to control of your life

- Wine's control vs the Spirit's control
- Lack of self-control vs more self-control
- Boldness to do wrong vs Boldness to do right
- Depressant vs stimulant (Dr. Martin Lloyd Jones)

b. What does it mean to be filled with the Spirit?

- To be filled with the Spirit is to be yielded to the Spirit
- To be filled with the Spirit is to be filled with the fullness of God: Father, Son and Spirit – Ephesians 3:19
 - Power over sin
 - Power to do right
 - Love
 - Joy
 - Peace
 - Boldness to speak about Jesus

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Galatians 5:22-23

c. How can I be filled with the Spirit?

Key Word: **Yield**

- 1) Confess sin in your life
- 2) Yield yourself to the Lord
- 3) Ask God to fill you
- 4) Take daily steps of obedience to God's will
 - Note that being filled with the Spirit is a day-by-day process, not a one-time event – you have to keep yielding to the Spirit!

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2. What are the results of being filled with the Spirit? (19-21)

but be filled with the Spirit,

¹⁹ *addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart,*

²⁰ *giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,*

²¹ *submitting to one another out of reverence for Christ.*

- 1) A Spirit-filled life speaks God's praises to other believers in song
addressing one another in psalms, hymns and spiritual songs
 - see also Colossians 3:16
- 2) A Spirit-filled life sings to the Lord with your whole being
singing and making melody to the Lord with your heart
- 3) A Spirit-filled life gives constant thanks to God for everything
giving thanks always and for everything to God the Father
- 4) A Spirit-filled life yields to other believers
submitting to one another out of reverence for Christ.

To be filled with the Spirit of God you first need to trust in Jesus

- *Believe in Jesus, and His death and resurrection*
- *Repent of your sin and place your trust in Jesus*
- *Commit to Jesus as Lord of your life*

because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. Romans 10:9

Will you Yield yourself to God's Holy Spirit and ask Him to fill you?

How can I be filled with the Spirit?

- Confess sin in your life
- Yield yourself to the Lord
- Ask God to fill you
- Take daily steps of obedience to God's will

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Your Response

1. Ask God to fill you with His Spirit. Yield to Him as described in the message today.
2. ***Will you receive salvation in Jesus: a free gift of God, by faith?***

- Believe in Jesus, and His death and resurrection
- Repent of your sin and place your trust in Jesus
- Commit to Jesus as Lord of your life

because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. Romans 10:9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Ephesians 2:8-9

Ephesians Series: God's Purposes for You in Christ

May 7	Part 14: Be Filled with the Spirit
May 14	Part 15: Husbands and Wives (Mother's Day)
May 21	Part 16: Children and Parents
May 28	Guest Speaker: Jamie Strickland, Calvary Guelph
June 4	Part 17: Employers and Employees
June 11	Part 18: Spiritual Warfare: The Armour of God
June 18	Part 19: Spiritual Warfare: Prayer
June 25	Part 20: Conclusion – Looking Back at Ephesians

Questions for Reflection

1. Do you make the best use of time as you seek to serve the Lord? (See today's introduction)
2. Why is being drunk with wine contrasted with being filled with the Spirit?
3. What does it mean to be filled with the Spirit?
4. Have you asked God to fill you with His Spirit? Have you yielded yourself to Him?
5. Have you responded to the God's grace in faith and repentance, trusting in Jesus Christ for forgiveness of sins, and eternal life? Why not do so today?
See Response Point 2 above on this page.

2 Cor. 6:2b *now is the favorable time; behold, now is the day of salvation.*

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