

Ephesians Part 2:
God's Blessings to You in Christ
Ephesians 1:3-14



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*Blessed be the God and Father of our Lord Jesus Christ,
who has blessed us in Christ with every spiritual blessing in the heavenly places,
⁴ even as he chose us in him before the foundation of the world,
that we should be holy and blameless before him.*

*In love ⁵ he predestined us for adoption as sons through Jesus Christ,
according to the purpose of his will,*

*⁶ to the praise of his glorious grace,
with which he has blessed us in the Beloved.*

*⁷ In him we have redemption through his blood,
the forgiveness of our trespasses, according to the riches of his grace,
⁸ which he lavished upon us, in all wisdom and insight*

*⁹ making known to us the mystery of his will, according to his purpose,
which he set forth in Christ*

*¹⁰ as a plan for the fullness of time,
to unite all things in him,
things in heaven and things on earth.*

*¹¹ In him we have obtained an inheritance, having been predestined according
to the purpose of him who works all things according to the counsel of his will,*

*¹² so that we who were the first to hope in Christ
might be to the praise of his glory.*

*¹³ In him you also, when you heard the word of truth, the gospel of your
salvation, and believed in him,*

*were sealed with the promised Holy Spirit, ¹⁴ who is the guarantee of
our inheritance until we acquire possession of it,
to the praise of his glory.*

Ephesians Series: God's Purposes for You in Christ

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Theme of the Passage: Our Spiritual Blessings in Christ (v3)

*Blessed be the God and Father of our Lord Jesus Christ,
who has blessed us in Christ with every spiritual blessing in the heavenly places,*

- a. Paul invites us to Praise God the Father
- b. Because He has blessed us **In Christ** with every **spiritual blessing in the heavenly places**

- Our passage today lists these spiritual blessings which have great value in heaven and on earth

Key Phrases: *In Christ, Every Spiritual Blessing*

Blessing #1: God chose you in Christ before the foundation of the world

*⁴ even as he chose us in him before the foundation of the world,
that we should be holy and blameless before him.*

Key Phrase: *Chose before the foundation of the world*

Blessing #2: God predestined you in Christ for adoption as sons (5-6)

*In love ⁵ he predestined us for adoption as sons through Jesus Christ,
according to the purpose of his will,
⁶ to the praise of his glorious grace,
with which he has blessed us in the Beloved.*

Key Phrase: *Adoption as Sons*

Blessing #3: God redeemed you from sin through Christ's blood (7-8)

*⁷ In him we have redemption through his blood,
the forgiveness of our trespasses, according to the riches of his grace,
⁸ which he lavished upon us, in all wisdom and insight*

Key Phrase: *Redemption through his blood*

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Blessing #4: God revealed His Universal Purpose to you in Christ (9-10)

⁹ making known to us the mystery of his will, according to his purpose,
which he set forth in Christ ¹⁰ as a plan for the fullness of time,
to unite all things in him,
things in heaven and things on earth.

Key Phrase: *to unite all things in him*

Blessing #5: God gave you an inheritance in Christ (11-12)

¹¹ In him we have obtained an inheritance, having been predestined according
to the purpose of him who works all things according to the counsel of his will,
¹² so that we who were the first to hope in Christ
might be to the praise of his glory

Key Phrase: *We have obtained an inheritance.*

Blessing #6: God sealed you in Christ with the Holy Spirit (13-14)

¹³ In him you also, when you heard the word of truth, the gospel of your
salvation, and believed in him,
were sealed with the promised Holy Spirit, ¹⁴ who is the guarantee of
our inheritance until we acquire possession of it,
to the praise of his glory.

Key Phrase: *sealed with the promised Holy Spirit*

Conclusion: Your Purpose is to bring Praise and Glory to God (6, 12, 14)

¹² so that we who were the first to hope in Christ
might be to the praise of his glory.

Your life's purpose in Christ is for "the praise of His glory"

*I will say to the north, Give up, and to the south, Do not withhold; bring
my sons from afar and my daughters from the end of the earth, ⁷
**everyone who is called by my name, whom I created for my glory,
whom I formed and made."** *Isaiah 43:6-7**

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Your Response

1. Thank God for each of his spiritual blessings to you in Christ (points 1-6 of our message today).
2. Read Ephesians in your Bible. Use an accurate, readable translation such as the English Standard Version or the New Living Translation.
3. Believe in Jesus for forgiveness of sins and eternal life in Him.

for all have sinned and fall short of the glory of God, and are justified by his grace as a gift, through the redemption that is in Christ Jesus Romans 3:23-24

because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. Romans 10:9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Ephesians 2:8-9

Questions for Application

1. Which of the six blessings in today's message stands out to you the most?
2. How does it make you feel to think that God chose you to be in Christ before the foundation of the world? (4)
3. What is God's Purpose for everything in creation? (9-10)
4. What is God's Purpose for you being in Christ? (12)
5. Have you responded to the gospel message in faith and repentance, trusting in Jesus Christ for forgiveness of sins, and eternal life? Why not do so today?

2 Cor. 6:2b *now is the favorable time; behold, now is the day of salvation.*